

We invite you to join
Where I Stand's
Purple Love Fighter's
Group

- We believe in you!
& We know recovery
is possible.



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Where I Stand

Purple Love

Purple Love Fighters Group

You are invited to Where I Stand's Purple Love fighters group. A place for the purple love community to come together and engage in supportive conversation about recovery from eating disorders filled with hope, love, perseverance and so much more! Eating Disorder Awareness Month may only be for 1/12 of the year, but Purple Love is 24/7.



How to Join:

1. Figure out if you want recovery. This group is recovery focused. It's for people who WANT it. Send a Facebook request to "Where I Stand: [Click Here](#).
2. Send a message to Where I Stand's facebook saying you would like to join the Purple Love Fighter's Group. List your current phone number, address and emergency contact. Also mention the nature

of your struggle briefly. (All of this information will remain strictly confidential)

- 3. We will then invite you to the online community for individuals in recovery from an eating disorder.

What to expect:

- 1. Each week the purple love team will provide a recovery challenge and do a weekly “check in”. These are opportunities for each of you to push yourselves in recovery and celebrate your successes as well as talk about challenges.
- 2. Support, Hope & Encouragement from people who understand what you’re going through.

Rules & Guidelines:

- 1. No numbers (weights, calories, measurements ect.)
- 2. No treatment specifics or triggering details of the disease.
- 3. This is not a group to seek medical advice from.
- 4. If you feel triggered by someone or feel your recovery is threatened by someone/something in the group send a facebook message to Where I Stand’s facebook.

*** Where I Stand’s Purple Love Fighter’s group is not to be used as a replacement for professional treatment or medical care. This is simply a support forum in order to encourage recovery and inspire hope.*

We have so much hope for you.

Erin, Lizzie & Natalie.

*Support. Hope.
Encouragement.
Recovery*



Where I Stand’s mission is to work for the prevention and intervention of mental illness through education, awareness, and research.